

Are You Situationally Disorganized?

Once upon a time...

- You had a place for everything.
- You grocery shopped with a menu and list.
- You were complimented on your organization.
- You were happily organized, but life has brought challenges. You want to get back on track.

Good news! You are the kind of person who will maintain and sustain your re-organization.

Are You a Crisis Organizer?

- You are a happy person, and how your house looks doesn't bother you on most days.
- It is April 1 and you are in a panic trying to think up excuses to tell your accountant and the IRS.
- You are having your house appraised, so you take things to your daughter's house to store.

Yes, you are a Crisis Organizer. Your priority list does not have "being organized" at the top. Your desire to get organized comes and goes and is concurrent with an upcoming event, such as houseguests or an IRS audit.

Are You a Chronic Packrat?

- You are storing your off-season clothes in the trunk of your car.
- You already have or are considering buying the house next door to store your stuff in.
- You don't allow anyone in your house but your sister.
- You break out in hives if someone says they are going to stop by.

Yes, you are a Chronic Packrat and you are suffocating in stuff. You're talented and artistic, but you have a "thing gene." You see future possibilities for all the items you are keeping and you plan to use them someday.

Are You a Hoarder?

- Only you see the value in your stuff.
- Your house has paths from room to room and no one can distinguish between the rooms.
- The thought of giving up anything makes you sick.

Yes, you are a Hoarder. Hoarding is a disorder under the diagnostic category of Obsessive Compulsive Disorder. Everything has a purpose and it makes you happy to have it around you. It can affect your everyday wellbeing.

No matter what you type is, call Mary to discuss solutions to change your life.
423.581.6460 | 865.607.9460